



Find out more about getting started in caving...

For more information about caving and other ways to get involved across all regions of the United Kingdom, check out this website:

newtocaving.com

Connect with a local caving club

The events discussed in this leaflet provide a great introduction to caving.

An alternative way to start caving, or to continue after your introductory event, is to join a local caving club. Doing so brings the benefits of lots of experience and advice, access to kit, and most importantly, a great new group of friends to go caving with!

Below are just a few clubs active in northern England and Scotland who can help support newcomers to get involved in caving:

- **Bradford Pothole Club Ltd**
bpc-cave.org.uk
- **Craven Pothole Club**
cravenpotholeclub.org
- **Grampian Speleological Group**
gsg.org.uk
- **Peak Caving Club**
Search on facebook.com
- **Red Rose Cave and Pothole Club**
rrcpc.org.uk
- **Sheffield University Speleological Society**
shfcafers.org.uk
- **White Rose Pothole Club**
whiterosepotholeclub.com
- **York University Cave and Pothole Club**
yucpc.org.uk
- **Yorkshire Subterranean Society**
yssuk.com



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CNCC
Council of Northern Caving Clubs

VENTURE UNDERGROUND



- See the underground world.
- Try something new and exciting.
- Read more inside about newcomer events based in northern England.



Ever fancied venturing underground?

The Council of Northern Caving Clubs (CNCC) are pleased to support opportunities to see if caving could be the right hobby for you...

Caving is an amazing activity that gives you the chance to see a stunning natural world usually hidden beneath our feet. The north of England alone has hundreds of kilometers of water-formed cave passages, chambers, interesting geology and stunning formations.

Caving can seem challenging or daunting to get involved with, so we are partnering with local experienced cavers to run regular 'new to caving' events based in the Yorkshire Dales.

At our events you will meet cavers who will tell you what it is like to explore underground, introduce you to the equipment, and brief you on aspects such as conservation and safety.

You will then venture underground (equipment will be provided) to find out whether this is the right activity for you. If you then want to take things further, we are happy to help.

All you need is enthusiasm for trying something new, a hunch that caving might be something that you would enjoy, and a willingness to get a little wet or muddy.

You will need to be able to tackle a couple of hours of mild to moderate exercise on very uneven terrain.



About CNCC

These events are organised as a partnership between the Council of Northern Caving Clubs (CNCC) and volunteer clubs, caving groups or professional instructors.

The CNCC is a volunteer led, not-for-profit organisation representing cavers in the north of England and Scotland.

We have been working since 1963 to facilitate cave access, conservation and training. We are proud to support initiatives to help get people involved and to promote safe and responsible underground exploration.

Where can I learn more and sign up to a future 'new to caving' event?

Take a look at our upcoming events along with lots of other useful information:

cncc.org.uk/new-to-caving

